



Knitted or crochet garments can be in any colour. You do not need to wash the items and there is no need to label or bag individual items.

- ✿ FULL-TERM: It can be machine washable wool or acrylic, double knit or 4 ply is most welcome.
- ✿ PREM: We ask that knitting for premature babies be in machine washable **4ply wool** as 8ply is heavier/hard and can be rough on their gentle skin.
- ✿ Larger sizes are welcome for children in Kidz First Children's Hospital

### **Small toys**

Knitted or crochet

### **Beanies**

A baby's head circumference is 35cm at term, hats must stretch to this. A good indication is two fists joined together and look to the widest point. Please no crochet hats as they do not stretch enough.

FULL-TERM: No less than 17cm length plus turn-up of 5cm.

PREM: No less than 15cm length plus 4cm turn-up

### **Booties**

Please sew them together. There is no need to pin or put stuffing in them

FULL-TERM AND PREM: No less than 7cm in length in the foot.

### **Jackets/Cardigans/Jumpers**

FULL-TERM: Starting at 40cm (16 inches) chest size for up to 2 years

PREM: No smaller than 36cm (14 inches) chest size

### **Blankets/Rugs**

No fleece or fluffy materials. Useful sizes are:

Cot blanket	120 x 150 cm	45 x 60 inches
Bassinette blankets	90 x 120 cm	36 x 48 inches
Cuddle rugs	1 metre square	40 inches square
Car seat rugs	60 x 60 cm	24 x 24 inches

### **Peggy squares**

Make 15cm square, 30 stitches on size 8 (4mm) needles with double knitting wool. Work 60 rows garter stitch (every row knit). Cast off. You can either knit individual squares and sew them up into a blanket.

6 squares by 8 squares – 90 x 120cm

7 squares each way – approximate 1 metre square.

OR

You can knit in strips changing colour every 15cm to make squares. Need 6 strips of 8 squares, or 7 strips of 7 squares – sew the strips together to make blanket.

The squares can be 20 cm square, 40 stitches on size 8(4mm) needles with double knitting wool. Work 80 rows garter stitch (every row knit). Cast off.