



Wool Programme Suggestions

Last updated May 01, 2023

Thank you for knitting for Middlemore Foundation. Your beautiful donations make a real difference to our patients and community. Please see below our guidelines for knitting.

- ❖ Please use soft, **machine washable** yarn. Acrylic is gladly accepted though our preference is merino wool. Acrylic can be used for babies of 6 months or older.
- ❖ Knitted or crocheted garments can be in any colour. Please note we are unable to give babies crocheted items with large holes as their little fingers can get caught.
- ❖ You do not need to wash items and there is no need to label or bag individual items.
- ❖ **Prem** babies are not given clothing until they are over 1800g and out of the incubator. Prem babies can remain in NICU until they are 6kg which means NICU accepts knitting for 2-6kg babies.
 - 14"/36cm chest and bigger
 - 4ply is preferable for prem babies

NOTE: Please **do not** add ribbon fasteners as these are a potential hazard for our babies.

Small toys

These can be fabric, knitted or crochet.

Beanies

Hats at least 36cm /14" circumference when stretched to fit. No smaller please.

Please **do not** crochet hats as they will not stretch enough and the holes could present a danger to the baby.

No less than 15cm length plus 4cm turn-up

Booties

No less than 7cm in length and tie them together with yarn.

Jackets/Cardigans/Jumpers/Singlets

At least 14" / 36cm - 16" / 41 cm finished chest measurement, no smaller please.

Blankets/Rugs (No fleece or fluffy materials for baby blankets.)

Cot or bassinet sized blankets and cuddle rugs, crocheted or knitted.

Useful sizes are (approximate only):

Cot blanket	120 x 150 cm	45 x 60 inches
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Bassinet blankets	90 x 120 cm	36 x 48 inches
Cuddle rugs	1 metre square	40 inches square
Car seat rugs	60 x 60 cm	24 x 24 inches

Peggy Squares

Make 15cm square, 30 stitches on size 8 (4mm) needles with double knitting wool. Work 60 rows garter stitch (every row knit). You can either knit individual squares or sew them up together into a blanket.

6 squares by 8 squares – 90 x 120cm

7 squares each way – approximate 1 metre square

OR

You can knit in strips changing colour every 15cm to make squares. Need 6 strips of 8 squares, or 7 strips of 7 squares – sew the strips together to make a blanket.

The squares can be 20 cm square, 40 stitches on size 8 (4mm) needles with double knitting wool. Work 80 rows garter stitch (every row knit).

25 squares arranged 5 x 5 will make a 1 metre square rug, or make 5 strips of 5 squares each to save some sewing up.